

RESOURCES ON GRIEF FOR KIDS AND TEENS

BOOKS

- Where Do They Go?, by Julia Alvarez, illustrated by Sabra Field
- The Goodbye Book, by Todd Parr
- Young Adults Coping With Death: You Are Not Alone by Jennifer Kaplan Schreiber
- Healing Your Grieving Heart for Teens: 100 Practical Ideas (Healing Your Grieving Heart series) by Alan D. Wolfelt PhD
- Fire in My Heart, Ice in My Veins: A Journal for Teenagers Experiencing a Loss 1st Edition by Enid Samuel Traisman
- Option B: Facing Adversity, Building Resilience, and Finding Joy by Sheryl Sandberg and Adam Grant

WEBSITES

- whatsyourgrief.com
- slaps.com
- sesamestreetincommunities.org(Grief)

APPS

CALM

YOUTUBE

Sesame tree communities-Coping with Big Feelings

Watchwellcast- The Grieving Process: Coping with Death

Tedx Talks- Everything around them is still there, dealing with sudden loss | Marieke Poelmann

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